## Studio COVID Guidance



From 19<sup>th</sup> July 2021 the UK GOVERNMENT has removed many of the social distancing measures to reduce COVID 19. Although The Studio – CT is keen to get the studio back to normality, we also feel it's important to continue to maintain good social practices with the COVID cases being still reasonably high and therefore would ask the following of clients attending the studio.

Social distancing measures are steps you can take to reduce social interaction between people. This will help reduce the transmission of coronavirus (COVID-19).

## They are to:

- 1. If tested positive or displaying COVID symptoms, please do not enter the studio
- 2. Avoid contact with someone who is displaying symptoms of coronavirus (COVID-19). These symptoms include high temperature and/or new and continuous cough, loss of taste, shortness of breath.
- 3. Avoid gatherings in the lobby area of the studio, as infections spread easily in closed spaces
- 4. Keep a space while inside the studio and follow the studio access protocol.
- 5. Please wash or sanitiser your hands on entering and exiting the studio
- 6. There is currently a drop and go policy happening in the studio, if you are not taking part in a class please drop your child at the studio and collect them at the end of their class, your child will not be allow to exit the building without written authorisation to the instructor/teacher in advance. If your child is 6 years or young one parent or guardian will be able to wait until child enter their class and private lesson may have one parent sit in.
- 7. Children with medical issues should have one parent or guardian onsite at all times.
- 8. Please do not enter the studio more than 5 mins before your class starts or 10 mins before a 1 to 1 lesson.
- 9. It's advisory to wear masks where possible when entering and exiting the studio.
- 10. For all clients/pupils/children/participants in classes or lessons a contact number needs to be provided to the studio 48 hours in advance of your attendance and emergency contact details will need to be provided to your instructor/teacher in advance.

Everyone should be trying to follow these measures as much as is practical.

We strongly advise you to follow the above measures as much as you can and to significantly limit your face-to-face interaction if possible, particularly if you:

- are over 70
- have an underlying health condition
- are pregnant

Thank you for helping to keep The Studio - CT and fun and safe environment.